

# CULINARY ARTS III

## Garde Manger I

Pierce County Careers Connection  
Dual Credit Articulation Agreement

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Upon completion of high school courses equivalent to the following competencies:

Students would be able to understand and know the ingredients in hot and cold sandwiches

Slice deli Meats, and Cheeses

- Using deli meats
- Cheeses
- Slicer
- Platter

Slice meats, cheeses: The slices would be uniform in size, shape, and thickness, and would have been sliced across the grain.

Grill Sandwiches

- Understanding the preparation of grilled sandwiches using, butter or oil, sliced bread, butter spreader, sandwich ingredients, condiments, and garnishes.
- Appropriate use of equipment:
  - ~Portion scale
  - ~Wax paper squares
  - ~Grill
  - ~Cutting board
  - ~Serrated-edge knife
  - ~Warmed plate
  - ~Condiments
  - ~Spatula
- Cleaning grill
  - ~Grill oil
  - ~Grill brick

The sandwich would be hot, evenly browned, not greasy to the touch or taste, and neatly arranged on the plate along with the condiments or garnish. The ingredients would be warmed throughout, evenly distributed.

Prepare a Hamburger

- Understand the preparation of a hamburger, using,

condiments, garnishes and appropriate sauce

- Appropriate use of equipment:

- ~Grill
- ~Spreader
- ~Warmed plate
- ~Tongs
- ~Spatula

The bun would be evenly browned or toasted with no greasy appearance or taste. The hamburger would be neatly arranged on the plate along with the condiments or garnishes. If a sauce is applied it must uniformly cover the bun.

Prepare a Cold Sandwich

Understanding the preparation of a cold sandwich using sliced bread, sandwich ingredients, condiments, and garnishes.

- Appropriate use of equipment:
  - ~Portion scale
  - ~Wax paper squares
  - ~Fried toothpicks
  - ~Serrated-edge knife
  - ~Spreader
  - ~Toaster
  - ~Cutting board
  - ~Chilled plate

The sandwich would contain accurate portions of all ingredients, must hold together, and be neatly arranged and garnished. The ingredients must be evenly distributed over the bread and not protrude from the edges.

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A student earning a "C" grade or better may earn college credit at the following college:

<u>College</u>	<u>Course</u>	<u>Credits</u>
Bates Technical College	CARTS 105	1